



3 GOOD HEALTH
AND WELL-BEING



3.3.1

Current Collaborations with Health Institutions

Year 2023



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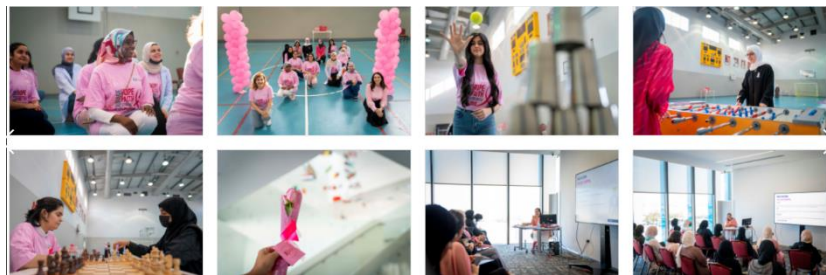
3.3.1 Current Collaborations with Health Institutions

In 2023, Ajman University continued its strategic collaborations with healthcare providers, universities, and medical industries to enhance health and well-being. These partnerships offer services like discounted medical check-ups, vaccinations, and consultations for the university community, as well as community outreach programs such as free medical camps. Notable collaborations include Amina Hospital, Saudi German Hospital, Emirates European Hospital, NMC Medical Centre, and Thumbay University Hospital. These initiatives focus on raising awareness of health risks, preventive measures, and providing essential health services to students, faculty, and the wider community. Additionally, the university partnered with ESAAD to offer global healthcare benefits and with Leader Healthcare Group and Pharma Global to enhance medical education and training. These efforts align with Sustainable Development Goal 3 (SDG 3), promoting health, well-being, and access to quality healthcare.

A. Local Collaborations

1. Amina Hospital, Ajman

The Memorandum of Understanding (MoU) signed in 2021 between Ajman University and Amina Hospital continues to collaborate in the academic year 2023, promoting access to affordable healthcare services for the university community. This partnership ensures



discounted medical services, including check-ups, vaccinations, and consultations, combating communicable diseases and promoting universal health coverage. Initial mandatory student health check-ups at Ajman University are an essential aspect of this local collaboration, contributing to early detection and disease prevention. Additionally, joint initiatives like breast cancer awareness campaigns offer critical education on disease prevention, health precautions, and women's health, fostering a well-informed community committed to better health outcomes.

Please refer to the links below:

<https://www.ajman.ac.ae/en/mou/amina-hospital>

<https://www.ajman.ac.ae/en/student-life/health-services/medical-check-up-instruction>

2. Saudi German Hospital, Ajman

Ajman University Hosts Breast Cancer Awareness Campaign in Partnership with Saudi German Hospital

In the academic year 2023, Ajman University's Community Engagement Office, in collaboration with Saudi German Hospital, organized a breast cancer awareness session at the Radisson Blu Hotel in Ajman. The event aimed to raise awareness about breast cancer prevention, emphasizing early detection, healthy lifestyles, and disease prevention—key elements focus on reducing the burden of non-communicable diseases through education and early intervention. This session was part of the university's broader October 2023 initiative to promote awareness on cancer prevention, in partnership with healthcare institutions.



Please refer to the link below:

<https://www.ajman.ac.ae/en/news/2023/ajman-university-conducts-an-awareness-campaign-about-breast-cancer>

3. Ajman University Ongoing Collaboration with Saudi German Hospital

Ajman have established a significant collaboration with Saudi German Hospital. The MoU signed between Ajman University and Saudi German Hospital, which remains in effect in the year 2023. This collaboration offers exclusive fee discounts to Ajman University's staff, students, and wider community. Furthermore, both institutions actively share events, organize activities, conduct conferences, raise awareness, and deliver educational lectures. These efforts contribute to improving healthcare access and well-being, not only for the university community but also for the general public.



Please refer to the links below:

<https://www.ajman.ac.ae/en/mou/saudi-german-hospital-ajman>

<https://www.ajman.ac.ae/en/medicine/clinical-partners>

B. Regional/National Collaborations

1. Emirates European Hospital

Ajman University signed a Memorandum of Understanding (MoU) with Emirates European Hospital in Sharjah and continues into the year 2023 to collaborate on various joint initiatives, primarily focusing on internship opportunities for health and science students. Additionally, this partnership extends special discounted rates for medical treatment in all hospital departments to the Ajman University community.

Please refer to the link below:

<https://www.ajman.ac.ae/en/mou/emirates-european-hospital>



2. Emirates Health Services (EHS)



In collaboration with Emirates Health Services (EHS), Ajman University's Community Engagement Office organized a blood donation drive on October 16, 2023, as part of their ongoing partnership. The event saw 91 participants, including students, faculty, and staff, coming together to support patients in need of blood transfusions. This initiative aimed to raise awareness about the critical demand for blood donations and the challenges faced by patients requiring regular transfusions, addressing key health needs, focus on combating diseases and improving healthcare access.

Through this campaign, Ajman University reinforced its commitment to volunteer for community health and well-being, helping to strengthen the local blood supply and encouraging the health benefits of regular blood donation. By organizing such initiatives, the university continues to demonstrate its dedication to social responsibility, supporting public health efforts and promoting a healthier society for all.

Please refer to the link:

<https://www.ajman.ac.ae/en/news/2023/ajman-university-organizes-blood-donation-campaign-311023-040430>

3. NMC Medical Centre L.L.C.

Ajman University partnered with NMC Medical Centre LLC, continue to provide discounted services in the year 2023, for the mandatory student medical check-up, a key requirement for registration at the university. This partnership also extends special offers and discounts on specific hospital services and procedures, enhancing the well-being of university students. By offering these benefits, the partnership between Ajman University and NMC Medical Centre LLC contributes to enhancing the overall health and well-being of the university community, ensuring students have access to high-quality healthcare services at an affordable cost.

Please refer to the links below:

<https://www.ajman.ac.ae/en/mou/nmc-medical-centre-llc>

<https://www.ajman.ac.ae/en/student-life/health-services/medical-check-up-instruction>

C. Global Collaborations

1. Thumbay University Hospital, UAE and India



In the academic year 2023, Ajman University's Offices of Medical Services and EHS, in collaboration with the Health and Wellness Club, conducted an awareness session to commemorate World Diabetes Day. The session featured insights from a Consultant in Internal Medicine and Endocrinology at Gulf Medical University & Thumbay University Hospital, focusing on educating our community about diabetes prevention and detection.

Please refer to the links below:

<https://www.ajman.ac.ae/en/mou/thumbay-university-hospital>

<https://www.ajman.ac.ae/en/column/baseballcountry/news/2022/ajman-university-community-to-benefit-from-discounts-at-thumbay-university-hospital>

2. ESAAD Card Membership

Ajman University has signed a new contract in the year 2023 with ESAAD (a Dubai Police initiative) to offer cardholders exclusive benefits and services worldwide. Through this collaboration, cardholders gain access to a range of services from renowned global medical providers, which helps ensure access to quality healthcare services. One of the key benefits include services from world-class, renowned medical providers and institutions covering all health-related areas. Under the new partnership agreement, Ajman University staff, students, including first-degree relatives, who can enjoy these benefits. The availability of these benefits promotes well-being by making healthcare more accessible and affordable, supporting preventative care, medical treatment, and health education. This initiative aligns with SDG 3's aim to improve health outcomes and well-being of the wider community.

Please refer to the links below:

<https://www.ajman.ac.ae/en/mou/esaad-card>

<https://www.ajman.ac.ae/en/news/2020/ajman-university-offers-discounts-for-esaad-card-holders>

<https://esaad.dubaipolice.gov.ae/>

3. Leader Healthcare Group – Global

As part of the innovative co-op program, the Ajman University's Healthcare Simulation Week 2023, hosted by the College of Medicine's Healthcare Simulation and Clinical Competence Centre (HSCCC). Ajman University (AU) has partnered with Leader Healthcare Group, one of the leading healthcare solutions providers in the Middle East. In collaboration with Leader Health Care Group in the academic year 2023, this event hosted hands-on simulation activities like the Simulation Escape Room, Surgical Skills Challenge, and Virtual Patient Simulation Contest, all designed to enhance clinical competence, teamwork, and decision-making skills. This collaboration provides students with valuable opportunities for hands-on training in the healthcare sector, allowing them to gain practical experience in a real-world setting. By fostering innovation and effective healthcare education, the event supports preventive health, patient safety, and the development of well-prepared healthcare professionals, contributing to the global effort of improving healthcare delivery and well-being for wider community. Ajman University (AU) students can also explore various healthcare roles, develop professional networks, and contribute to improving healthcare delivery locally, regionally and globally.



Please refer to the links below:

<https://www.ajman.ac.ae/en/news/2023/ajman-university-to-launch-co-op-program-for-students-in-association-with-leader-healthcare-group>

<https://www.ajman.ac.ae/en/news/2023/ajman-university-partners-with-leader-healthcare-group-in-ahc-healthcare-simulation-week-260923-122254>

4. King's College Hospital London Dubai

On September 25, 2023, Ajman University's College of Pharmacy & Health Sciences, in collaboration with King's College Hospital London Dubai, celebrated World Pharmacist Day. The event aimed to raise awareness about the critical role of pharmacists in enhancing patient safety, a key component of SDG 3.3.1's focus on improving health outcomes through disease prevention and health education.



Supervised by Dr. Sawsan Shanableh from Ajman University and Dr. Ahlam Alqudaimat from King's College Hospital, pharmacy students engaged in experiential learning rotations played a central role in organizing the event and addressing patient safety issues. Through educational seminars, community outreach, and a robust social media campaign, the students highlighted the importance of safe medication use and proper pharmaceutical care. Dr. Shanableh emphasized that this initiative provided students with valuable hands-on experience, allowing them to directly interact with the public, patients, and healthcare professionals, reinforcing their commitment to public health and the vital role pharmacists play in preventing harm and improving health outcomes.

Please refer to the link below:

<https://www.ajman.ac.ae/en/pharmacy/news/2023/pharmacy-students-at-ajman-university-participate-in-the-world-pharmacist-day-at-kings-college-hospital-london-dubai>

5. Pharma Global

The Memorandum of Understanding (MoU) between Ajman University and Pharma Global, signed in 2023, underscores the university's commitment to advancing good health and well-being through a variety of educational and community-focused initiatives. This collaboration includes specialized training for AU students in health-related fields and professional development courses for Pharma Global employees through the Center for Continuing Education and Enterprises. Pharma Global is an international medical education platform which offers continuing education programs covering critical topics such as asthma, diabetes, allergies, ischemic heart disease, and communication skills, ensuring health professionals stay updated with the latest developments in patient care. Both parties will also organize and share health awareness events, conferences, and lectures, enhancing the reach of crucial health information. AU students will actively volunteer in joint programs, deepening their engagement in health-related community activities. The partnership with the Ajman University Innovation Center fosters innovative solutions to improve healthcare practices.



Please refer to the link below:

<https://www.ajman.ac.ae/en/mou/pharma-global>