



3.3.6 Smoke-free policy



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Ajman University Smoking Policy

Ajman University (AU) is a partially smoke-free campus committed to reducing smoking, supporting cessation, discouraging new smokers, and raising awareness of smoking hazards, as outlined in its publicly available Smoking Policy. AU aims to reduce smoking on campus, support individuals who wish to quit, discourage students and community members from adopting smoking habits, and raise awareness of smoking hazards. The policy was reviewed and updated in 2024-2025. Originally the Smoking Policy established in the 2019–2020 academic year, the Smoking policy was reviewed and updated in 2024–2025 to enhance its

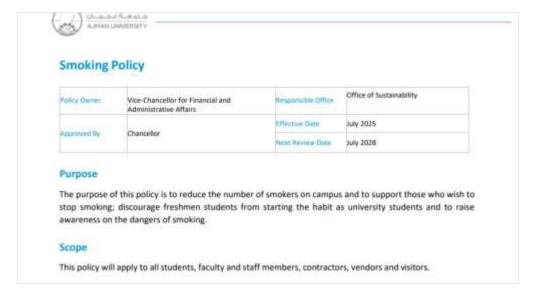


effectiveness. The Office of Sustainability (formerly Environmental Health & Safety) regularly reviews the policy, benchmarks it against other institutions, and recently developed a more comprehensive version.

As a partially smoke-free campus, AU has Outdoor Designated Smoking Areas while maintaining all indoor spaces, including university buildings, facilities, and Student Residential Halls, as strictly smoke-free with clear no-smoking signage. Locations of designated smoking areas are detailed in the Policies and Procedures Manual (PPM) and published on AU's website. To reinforce the policy, AU conducts antismoking campaigns to promote awareness of smoking-related health risks.

Please refer to the links below:

https://sustainablecampus.ajman.ac.ae/upload/files/ehs/Smoking_Policy.pdf
https://www.ajman.ac.ae/upload/files/ehs/Outdoor_Designated_Smoking_Areas.pdf



Ajman University Raises Awareness Through Anti-smoking Campaign

To support the Smoking Policy, in the year 2024, Ajman University continued its efforts to raise awareness about the dangers of smoking and vaping through a campus wide Anti-smoking Awareness Campaign. The campaign promoted a smoke-free healthier lifestyle. The Office of Medical Services and the Office of Community Engagement at Ajman University organized an anti-smoking health initiative focused on prevention, early detection,



and awareness. Through free carbon monoxide breath tests using the advanced Smokerlyzer device, participants including students, staff, and faculty who gained insights into the harmful effects of smoking on lung function and respiratory health.

Conducted in a private and confidential clinical setting, the initiative empowers individuals to make informed decisions by providing personalized reports that track progress over time, especially for those attempting to quit smoking. With approximately 10 participants benefiting each month, the program has been praised by the university community for its supportive approach and clear reflection of the commitment of Ajman University to enhancing public health and well-being. This ongoing initiative highlights the importance of preventive healthcare, behavioural change, and health education in combating the risks associated with smoking through focused anti-smoking efforts.

Please refer to the link below:

https://www.ajman.ac.ae/en/news/2024/the-office-of-medical-services-and-the-office-of-community-engagement-launch-anti-smoking-awareness-initiative















