3 GOOD HEALTH AND WELL-BEING

جامعة عجمان
AJMAN UNIVERSITY

3.3.1 Current collaborations with health institutions



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3.3.1 Current collaborations with health institutions

A. Local Collaborations

1. Ajman University Collaborates with Amina Hospital for Medical Check up

In the year 2025, the Memorandum of Understanding (MoU) between Ajman University and Amina Hospital continued to advance affordable healthcare access for the local community. This strategic partnership significantly contributed to the achievement of the United Nations Sustainable Development Goal of ensuring healthy lives and promoting well-being for all.

Through this collaboration, a variety of accessible health services were made available, including discounted PCR tests, reduced consultation fees through medical discount cards, and cost-effective medical check-ups. These initiatives helped to minimize financial barriers to essential healthcare, enabling early diagnosis and supporting ongoing disease prevention efforts.

Additionally, the partnership supported regular on-campus Medical Check-up, awareness events, equipping students and staff with vital information on preventive care and healthy lifestyle choices. These jointly organized initiatives enhanced community engagement and fostered a culture of proactive health management.

Together, these efforts reflect a shared commitment to inclusive and preventive healthcare, reinforcing local health outcomes while aligning with broader global development priorities.

Please see the links below:

https://www.ajman.ac.ae/en/mou/amina-hospital

https://www.ajman.ac.ae/en/student-life/health-services/medical-check-up-instruction

2. Ajman University Deepens Ties with Saudi German Ajman Hospital Group in Strategic Partnership Expansion



In the year 2025, the Memorandum of Understanding (MoU) between Ajman University and Saudi German Hospital and Ajman University's College of Pharmacy and Health Sciences held a key meeting with the representatives of the Saudi German Hospital group to explore opportunities for expanding collaborative efforts in healthcare education and training. The hospital group, already a partner in training pharmacy students across multiple locations, hosted the discussion to review ongoing initiatives and explore new avenues for experiential learning. Topics included support for clinical training in pharmacy,

the introduction of nursing student placements, joint research opportunities, licensing exam preparation, guest lectures, preceptor development, and community engagement focused on health professional education. The meeting concluded with a mutual agreement with Ajman University's College of Pharmacy and Health Sciences holding a strategic meeting with representatives from the Saudi German Hospital Group to explore the expansion of collaborative initiatives in healthcare education and training. Building on an existing partnership that supports pharmacy student training across multiple locations, the meeting served as a platform to evaluate current programs and identify new opportunities for experiential learning.

Key discussion points included enhanced Clinical Partnerships for pharmacy students, the introduction of placement opportunities for nursing students, joint research initiatives, licensing exam preparation, guest lectures by industry experts, preceptor development programs, and community outreach focused on health professional education.

The meeting concluded with a mutual agreement to formalize experiential learning opportunities for nursing students and to strengthen collaborative efforts across various academic and clinical training domains. This partnership underscores a shared commitment to advancing healthcare education, fostering clinical excellence, and supporting community well-being. By providing high-quality, hands-on learning experiences, the collaboration aims to enhance the competencies of future healthcare professionals while contributing meaningfully to the broader healthcare ecosystem.

Please refer to the link below:

https://www.ajman.ac.ae/en/mou/saudi-german-hospital-ajman

3. Ajman University Collaborates with Saudi German Ajman Hospital for Diabetes Prevention and Wellness Outreach

In the year 2025, in support of preventive healthcare and community wellbeing, the Office of Medical Services at Ajman University, in collaboration with **Saudi German Hospital** a healthcare and nutrition partner, organized a diabetes awareness and wellness outreach event at the AU Medical Clinic in observance of World Diabetes Day 2025.



The initiative promoted health education, early screening, and lifestyle awareness through free health assessments, including blood glucose, cholesterol, vital signs, and body composition analysis. Participants also received personalized nutrition counselling and practical guidance on healthy eating, physical activity, chronic disease prevention, and long-term wellbeing.

The program highlighted the importance of early detection, preventive care, and healthy lifestyle practices in reducing the risks associated with diabetes and other noncommunicable diseases. Interactive counselling sessions encouraged informed health choices and supported greater awareness of metabolic, reproductive, and overall community health. This collaborative health outreach initiative reflects Ajman University's commitment to public health promotion, healthcare accessibility, community engagement, and sustainable wellbeing through strategic healthcare partnerships and awareness-driven programs.

Please see the link below:

https://www.ajman.ac.ae/en/activity/2025/world-diabetes-day-awareness-event-diabetes-across-life-stages

4. Ajman University Collaborates with Emirates Health Services to Strengthen Community Health and Humanitarian Campaign Through Blood Donation



In the academic year 2025, Ajman University, through the Office of Community Engagement and the Office of Medical Services, successfully organized a Blood Donation Campaign at the Student Hub Medical Clinic to promote community health, humanitarian support, and civic engagement. The initiative witnessed over **300 blood donors**, a strong participation from students, faculty, staff, and healthcare personnel, reflecting Ajman University's commitment to social responsibility, public health outreach, and volunteerism. A dedicated private space was also arranged to support inclusive participation and ensure a comfortable donation experience for the donors. The campaign highlighted the critical importance of voluntary blood donation in supporting emergency care, surgical procedures, cancer treatment, maternal healthcare, and chronic disease management. By contributing to a safe and sustainable blood supply, participants directly supported lifesaving healthcare services and community wellbeing. The initiative also raised awareness about preventive healthcare, compassion, and collective community action while encouraging a culture of empathy, health advocacy, and sustainable community engagement. Through such impactful health outreach programs, Ajman University continues to advance public health awareness, humanitarian values, and collaborative community partnerships that contribute to healthier and more resilient communities.

Please see the link below:

https://www.ajman.ac.ae/en/activity/2025/blood-donation-campaign-with-office-of-community-engagement-and-ministry-of-health-and-prevention





B. National/Regional Collaborations

1. Ajman University Deepens Ties with Emirates European Hospital

In the year 2025, partnership between Ajman University and Emirates European Hospital in Sharjah, continued to strengthen its collaboration by building on the Memorandum of Understanding (MoU) signed in 2022. This partnership continued to thrive in multifaceted collaboration, reinforcing a strong partnership focused on advancing healthcare education and community well-being.

The collaboration primarily supported internship opportunities for students in health and science disciplines, providing them with practical, hands-on clinical training in a real-world hospital setting. In addition, the MoU offered special discounted rates for medical treatments across all departments of the hospital to members of the community. This ongoing partnership reflects Ajman University ongoing commitment to academic excellence, experiential learning, and accessible healthcare, contributing to the development of skilled healthcare professionals while supporting the health needs of the community.

Please refer to the link below:

https://www.ajman.ac.ae/en/mou/emirates-european-hospital

2. Ajman University and Burjeel Hospital Establish Strategic Partnership



In the year 2025, Ajman University and Burjeel Hospital continued the established a strategic partnership through a Memorandum of Understanding (MoU) to promote healthcare education, training, and community well-being**.** This collaboration strengthened ties between academic institutions and healthcare providers**,** facilitating quality education and skills development for students through hands-on clinical experience. The initiative contributed to strengthening the healthcare workforce by building skills and offering practical training opportunities, ultimately enhancing the quality and accessibility of health services. Ajman University is dedicated and continues to promote the education and healthcare sectors, helping to improve service delivery in communities through a combination of academic learning and real-world experience. The collaboration supported the development of inclusive and effective health systems while advancing educational outcomes and community well-being.

Please see the link below:

https://www.ajman.ac.ae/en/news/2025/ajman-university-hosts-its-first-partner-appreciation-dinner-under-the-theme-together-we-can-empower-tomorrow

https://www.ajman.ac.ae/en/news/2024/ajman-universitys-mou-with-burjeel-hospital-to-train-students-in-healthcare-practice

3. Ajman University and Burjeel Hospital Collaborate for Cancer Prevention and Health Awareness Initiative



In February 2025, Ajman University, through the Office of Medical Services, in collaboration with Ministry of Health and Prevention and Burjeel Holdings, successfully organized a Cancer Prevention Awareness Event in observance of World Cancer Day 2025 under the theme "United by Unique." The initiative promoted cancer prevention, health education, early detection, and healthy lifestyle awareness to support the reduction of noncommunicable diseases and improve long-term community health outcomes. The event highlighted the importance of preventive healthcare, regular screening, risk reduction, and patient-centered care in strengthening public health and wellbeing.

The expert-led awareness session provided **84 participants** with evidence-based guidance on cancer prevention strategies, healthy living practices, and the role of early diagnosis in improving treatment outcomes and quality of life. The session also encouraged greater awareness of health literacy, self-care, and proactive healthcare decision-making. The event witnessed active participation from students and staff, fostering meaningful dialogue on preventive care, health promotion, and sustainable community wellbeing. Through collaborative healthcare partnerships and awareness-driven initiatives, Ajman University continues to advance public health outreach, healthcare accessibility, and community engagement while supporting national efforts to promote healthier and more resilient communities.

Please see the link below:

https://www.ajman.ac.ae/en/activity/2025/cancer-prevention-awareness-event-in-collaboration-with-mohap-ajman-and-burjeel-health-care-group



4. Ajman University Partners with Revitalife Compounding Pharmacy



In the year 2025, Ajman University has signed a Memorandum of Understanding (MoU) with Revitalife Compounding Pharmacy, the UAE's first licensed compounding pharmacy, to strengthen collaboration in applied education, clinical training, research, and pharmaceutical innovation. The collaboration reflects the University's commitment to equipping students with industry-relevant skills through experiential learning and innovation-driven education that supports the evolving needs of the healthcare sector.

The agreement establishes a framework for hands-on training opportunities that will enable pharmacy students to gain practical experience in specialized compounding practices and clinical workflows within real healthcare environments. The collaboration also includes workshops, professional development programs, and joint research and innovation initiatives in coordination with the Ajman University Innovation Center. In addition, the partnership will support community-focused health initiatives through the Office of Community Engagement, creating opportunities for students to contribute to public health awareness while strengthening their sense of responsibility, service, and professional engagement. The collaboration aims to bridge academic learning with practical application by expanding student exposure to advanced pharmaceutical practices, fostering innovation, and enhancing future workforce readiness. It also supports efforts to advance healthcare education and contribute to the development of a knowledge-based and innovation-driven healthcare ecosystem.

This partnership further reinforces Ajman University's ongoing commitment to building impactful industry collaborations that enhance student employability, support applied research, and contribute to sustainable healthcare and community development.

Please see the link below:

https://www.ajman.ac.ae/en/news/2025/ajman-university-signs-mou-with-revitalife-compounding-pharmacy-to-strengthen-applied-learning-and-professional-training-in-pharmaceutical-sciences

5. Ajman University Partners with Sheikh Khalifa Specialty Hospital to Enhance Health Education



In the year 2025, Ajman University continued the Memorandum of Understanding (MoU) with Sheikh Khalifa Specialty Hospital in Ras Al Khaimah to strengthen educational excellence and practical training for students in medicine, nursing, and pharmacy. The collaboration provides clinical experience, promotes research initiatives, and supports community health development, reflecting AU's commitment to quality health education, social responsibility, and preparing students to contribute to improved healthcare outcomes locally and regionally.

Please see link below:

https://live.ajman.ac.ae/au_roundup/2024/au_roundup_newsletter_issue_38.html

6. Ajman University Strengthens Public Health Collaboration with Emirates Health Services (EHS) Through Women's Health and Preconception Care



In November 2025, Ajman University in collaboration with Emirates Health Services (EHS), organized the preconception care campaign. The Office of Medical Services at Ajman University organized a Women's Health and Preconception Care awareness session as part of the National Preconception Care Campaign. The initiative promoted sexual and reproductive health education, preventive healthcare, maternal wellbeing, and health literacy among female students, supporting healthier future pregnancies and improved maternal and child health outcomes.

The session focused on reproductive health awareness, healthy lifestyle practices, nutrition, mental wellbeing, preventive screening, and informed family planning within a culturally appropriate and evidence-based healthcare framework. Participants gained practical knowledge on fertility health, disease prevention, early medical consultation, and the importance of proactive healthcare during reproductive years. The initiative also highlighted the role of balanced nutrition, physical activity, mental health, and early health assessments in reducing pregnancy-related risks and supporting long-term community wellbeing. Interactive discussions encouraged informed health decision-making, women's empowerment, and greater awareness of preventive care practices. This collaborative health outreach initiative reflects Ajman University's commitment to public health promotion,

healthcare accessibility, community engagement, women's health empowerment, and sustainable health education through strategic national healthcare partnerships. The program further reinforces the university's contribution to advancing preventive healthcare awareness and supporting national health priorities focused on maternal, reproductive, and family health.

Please see the link below:

https://www.ajman.ac.ae/en/activity/2025/national-preconception-care-campaign-todays-decision-shapes-your-future-and-your-familys-tomorrow





7. Ajman University Strengthens Healthcare Collaboration with Cleveland Clinic Abu Dhabi to Advance Pharmacy Education and Workforce Development



The College of Pharmacy and Health Sciences (COPHS) at Ajman University continues to strengthen its ongoing regional healthcare collaboration with Cleveland Clinic Abu Dhabi, an internationally recognized healthcare institution in the UAE, to advance pharmacy education, enhance academic–clinical integration, and support the development of a highly skilled healthcare workforce. The collaboration reflects Ajman University's commitment to building strong partnerships with healthcare providers that connect academic learning with real-world clinical practice. Through continued engagement with Cleveland Clinic Abu Dhabi, COPHS supports knowledge exchange between academic experts and healthcare practitioners, enabling the continuous improvement of pharmacy education and the preparation of practice-ready healthcare professionals.

Professor Abeer AlGhananeem, Dean of COPHS, represented Ajman University at the Cleveland Clinic Abu Dhabi Pharmacy Conference, where she participated in the panel discussion titled "Strengthening Collaboration Between Academia and Pharmacy Practice in

the UAE." The discussion highlighted the importance of sustained cooperation between universities and healthcare institutions in addressing evolving healthcare needs and strengthening professional practice. During the conference, Professor AlGhananeem showcased COPHS initiatives designed to enhance healthcare education and graduate readiness, including experiential training, interprofessional education, Entrustable Professional Activities (EPAs), innovative practice-based courses, simulation-based learning, and technology-enhanced educational approaches. Through this ongoing healthcare collaboration, Ajman University and Cleveland Clinic Abu Dhabi contribute to strengthening pharmacy practice education, developing competent healthcare professionals, and supporting the delivery of safe, evidence-based, and patient-centered care in the UAE.

This partnership demonstrates Ajman University's commitment to advancing health education, building healthcare capacity, and collaborating with healthcare sector leaders to contribute to improved health outcomes and a stronger healthcare system.

Please see the link below:

https://www.ajman.ac.ae/en/pharmacy/news/2025/college-of-pharmacy-and-health-sciences-showcases-educational-innovation-at-cleveland-clinic-abu-dhabi-conference







8. Ajman University Expands Strategic Healthcare Partnership with Medcare Hospitals



In December 2025, Ajman University's College of Pharmacy and Health Sciences (COPHS) is strengthening its collaboration with Medcare Hospitals to advance clinical education, professional competency development, and healthcare workforce readiness in the UAE. On December 15, a delegation led by the Dean of COPHS, met with Medcare's leadership in Sharjah to expand cooperation between higher education and healthcare practice.

The meeting brought together academic leaders, experiential learning coordinators, clinical instructors, nursing leadership, and human resources representatives to establish practical

initiatives addressing student development, clinical assessment, and employment opportunities.

A key priority is collaborative soft-skills training to strengthen students' communication, teamwork, professionalism, and preparedness for clinical environments. Both institutions also plan to develop an Objective Structured Clinical Examination (OSCE) programme to enhance the consistency and quality of clinical competency assessment, aligning student evaluation with professional practice requirements.

Expanding clinical learning opportunities is central to the partnership. Strategic planning is underway to extend student placements across **all six (6) Medcare hospitals** in Dubai and Sharjah, beginning in the upcoming academic semester. This expansion will broaden students' exposure to healthcare settings and strengthen the integration of academic learning with supervised clinical experience.

The partnership also prioritizes graduate employability through proposed direct career pathways for COPHS nursing graduates within the Medcare Group. Additionally, COPHS is considering adjunct faculty appointments for Medcare clinical preceptors to encourage professional knowledge exchange and closer integration between academic teaching and clinical practice.

These initiatives reinforce Ajman University's commitment to practice-oriented education, employer engagement, and the development of a qualified healthcare workforce. The collaboration establishes a foundation for measurable progress through expanded clinical placements, structured competency assessment, professional development opportunities, and graduate employment pathways.

The **six (6) Medcare hospitals** into the network provide an invaluable opportunity for our students to experience a wider range of clinical placements.

Through this partnership, Ajman University and Medcare are strengthening institutional cooperation and advancing educational quality, workforce preparedness, and professional development in the UAE.

Please see the link below:

https://www.ajman.ac.ae/en/pharmacy/news/2025/college-of-pharmacy-and-health-sciences-expands-strategic-partnership-with-medcare-hospitals

C. Global Collaborations

1. Ajman University Promotes Community Well-being in Collaboration with Thumbay University Hospital (Global) through Free Medical Camp



In the year 2025, Ajman University continued its Memorandum of Understanding (MoU) with Thumbay University Hospital in the UAE and India. Continuing from the previous year, Ajman University in collaboration with Thumbay Labs, through its Office of Medical Services, has introduced the Gold Wellness Package for the community. The Gold Wellness Package is a new health initiative aimed at supporting the well-being of AU faculty, staff, students, and their families. this exclusive package offers comprehensive health screening that includes over **70 health parameters** at a highly discounted rate. Additionally, it continued to provide a **35% discount on all other lab tests** conducted at Thumbay Labs, located at Gulf Medical University. Ajman University is dedicated and demonstrated its ongoing efforts to promote affordable preventive healthcare ensured good health and well-being for the wider community.

Please refer to the links below:

https://www.ajman.ac.ae/en/mou/thumbay-university-hospital

https://www.ajman.ac.ae/en/activity/2025/free-medical-camp-at-au

2. Ajman University Advanced Preventive Healthcare in Collaboration with Thumbay Labs



In September 2025, Thumbay Labs launched an ongoing Platinum Health Package exclusively for Ajman University faculty, staff, students, and their families, complementing the existing Gold Wellness Package with a more comprehensive preventive screening option. The package includes **75 health parameters**, covering diabetes screening, cancer screening including prostate cancer and breast cancer screening, thyroid panel, sex hormone, stress hormones, liver and kidney health, lipid profile, inflammation and arthritis markers, nutrition assessment, and hormone profiles, enabling early detection and timely intervention for a wide range of health conditions. To further improve accessibility and encourage regular health screening, the initiative includes free home sample collection, reducing barriers to preventive care and making essential health services more convenient and inclusive, throughout the year 2025.

This collaboration reflects Ajman University's commitment to advancing community health through cross-sector partnerships that promote preventive healthcare, early diagnosis, and equitable access to quality health services. By fostering collaboration between academia and

healthcare providers, the initiative contributes to healthier communities and supports the extended community.

Please see link below:

https://www.ajman.ac.ae/en/activity/2025/ajman-university-partners-with-thumbay-labs-to-launch-an-affordable-health-screening-package

3. Ajman University Promotes Preventive Skin Health Through Healthcare Collaboration with Thumbay University Hospital (TUH)



Ajman University (AU) Office of Medical Services, in collaboration with Thumbay University Hospital (TUH), hugely successfully organized a Free Skin Analysis Camp for the community, through strengthened partnerships that expand access to preventive healthcare services. The initiative provided free dermatology consultations, complimentary/free skin analysis, discounted healthcare vouchers, and wellness gifts, enabling students, faculty, and staff to access expert dermatological advice and early assessment of potential skin conditions. By promoting early detection, health education, and preventive care, the camp encouraged more than **1,000 participants** to adopt healthier skin care practices and seek timely medical attention when needed.

The event received strong participation and achieved a high level of participant satisfaction, reflecting the community's growing awareness of the importance of preventive healthcare and the value of accessible specialist services.

This collaboration demonstrates Ajman University's commitment to advancing community health through strategic partnerships with healthcare providers. By improving access to preventive screening, specialist consultations, and health education, the initiative contributes, strengthening community resilience and promoting equitable access to quality healthcare services.

Please see link below:

https://www.ajman.ac.ae/en/activity/2025/free-skin-analysis-camp-au-medical-clinic







4. Ajman University Reinforces Global Collaboration with Thumbay University Hospital to Educate on Maternal and New-borns Wellness



Throughout the year 2025, in support of advancing maternal and new-born health, the Office of Medical Services (OMS) at Ajman University conducted Breast Feeding Support campaigns. Ajman University in collaboration with the Thumbay University Hospital (TUH) Maternity Ward since 2023 has now in its **3rd consecutive year**, strengthens breastfeeding education and support for maternity and neonatal nursing staff, promoting early mother-infant bonding, optimal infant nutrition, maternal wellbeing, and evidence-based caregiving practices. The initiative aimed to provide new-borns with the best possible nutritional start in life through breast milk, in line with internationally recognized guidelines from the World Health Organization (WHO), UNICEF, and the American Academy of Paediatrics (AAP), empowering mothers to overcome common breastfeeding challenges during the prenatal and postnatal periods. The program also sought to reinforce the role of breastfeeding in fostering early bonding and long-term health outcomes for both mother and child.

A key highlight of the initiative was an expert education, hands-on demonstrations and personalized support followed by a discussion session led by Dr. Fetta Djessas, International Board-Certified Lactation Consultant (IBCLC), delivered to two cohorts of staff nurses working in maternity and neonatal units. The sessions focused on up-to-date clinical practices, lactation management, and compassionate care strategies to better support breastfeeding mothers.

The program supports preventive healthcare, women's health empowerment, healthcare accessibility, and capacity building through specialized education and professional training aligned with internationally recognized maternal and child healthcare standards. By equipping healthcare professionals with advanced knowledge and practical skills, the initiative helps improve support for **200 mothers** and **24 maternity and neonatal nurses** during prenatal and postnatal stages while addressing common breastfeeding challenges and promoting healthier long-term outcomes for women and children.

As part of the initiative, maternity and neonatal nurses participated in specialized training sessions focused on lactation management, patient-centered care, maternal support strategies, and updated breastfeeding practices. Interactive demonstrations using simulation models provided hands-on learning experiences covering effective latch techniques, breastfeeding positions, and management of common conditions such as engorgement and low milk supply. These hands-on training and simulation sessions strengthened clinical competencies and enhanced the ability of healthcare professionals to deliver compassionate and informed maternal care services.

Please see link below:

https://www.ajman.ac.ae/en/activity/2025/voluntary-community-service-breastfeeding-support-initiative

5. Ajman University Strengthens Strategic Collaboration with NMC Healthcare in Academic and Clinical Training



Ajman University welcomed a delegation from NMC Healthcare to explore opportunities for expanding collaboration in healthcare education, clinical training, and academic development. The meeting was led by the Vice Chancellor for Academic Affairs, and brought together senior representatives from both institutions, including academic leaders from the Colleges of Medicine, Dentistry, and Pharmacy and Health Sciences. The discussions focused on strengthening strategic partnerships that enhance clinical education, support healthcare workforce development, and create high-quality training opportunities for students. By fostering closer collaboration between academia and healthcare providers, the partnership aims to bridge education and clinical practice, promote knowledge exchange, and contribute to the delivery of skilled healthcare professionals equipped to address evolving community health needs.

This collaboration reflects Ajman University's commitment to advancing health education through partnerships with leading healthcare institutions, supporting continuous professional development, and contributing to improved healthcare outcomes in the UAE.

Please see link below (4th article):

https://live.ajman.ac.ae/au_roundup/2025/au_roundup_newsletter_issue_76.html

6. ESAAD Card

In the year 2025, Ajman University renewed and expanded its partnership with ESAAD, a Dubai Police initiative, reinforcing its commitment to social well-being and inclusive access to education and healthcare. The updated agreement introduces exclusive educational benefits for ESAAD cardholders for students and staff. These benefits reflect the University's continued effort to promote equitable access to quality education through the Office of Scholarship and Financial Aid. Additionally, ESAAD cardholders continue to enjoy access to global healthcare services through this collaboration, including benefits from renowned medical providers. The partnership supports preventative care, medical treatment, and health education, improving

the overall health and resilience of the community. By enhancing affordability, encouraging academic excellence, and promoting health and well-being, this initiative contributes to the advancement of sustainable, inclusive systems that prioritize both education and healthcare equity for a wider population.

Please refer to the link(s) below:

https://www.ajman.ac.ae/en/mou/esaad-card

https://www.ajman.ac.ae/en/admissions/office-of-scholarship-financial-aid