3 GOOD HEALTH AND WELL-BEING

جامعة عجمان
AJMAN UNIVERSITY

3.3.6 Smoke-free policy



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Ajman University Smoking Policy



Ajman University (AU) is a partially smoke-free campus committed to reducing smoking, supporting cessation, discouraging new smokers, and raising awareness of smoking hazards, as outlined in its publicly available Smoking Policy. AU aims to reduce smoking on campus, support individuals who wish to quit, discourage students and community members from adopting smoking habits, and raise awareness of smoking hazards. The policy was reviewed and updated in 2024-2025. Originally the Smoking Policy established in the 2019–2020 academic year, the Smoking policy was reviewed and updated in 2024–2025 to enhance its effectiveness. The Office of Sustainability (formerly Environmental Health & Safety) regularly reviews the policy, benchmarks it against other institutions, and recently developed a more comprehensive version.

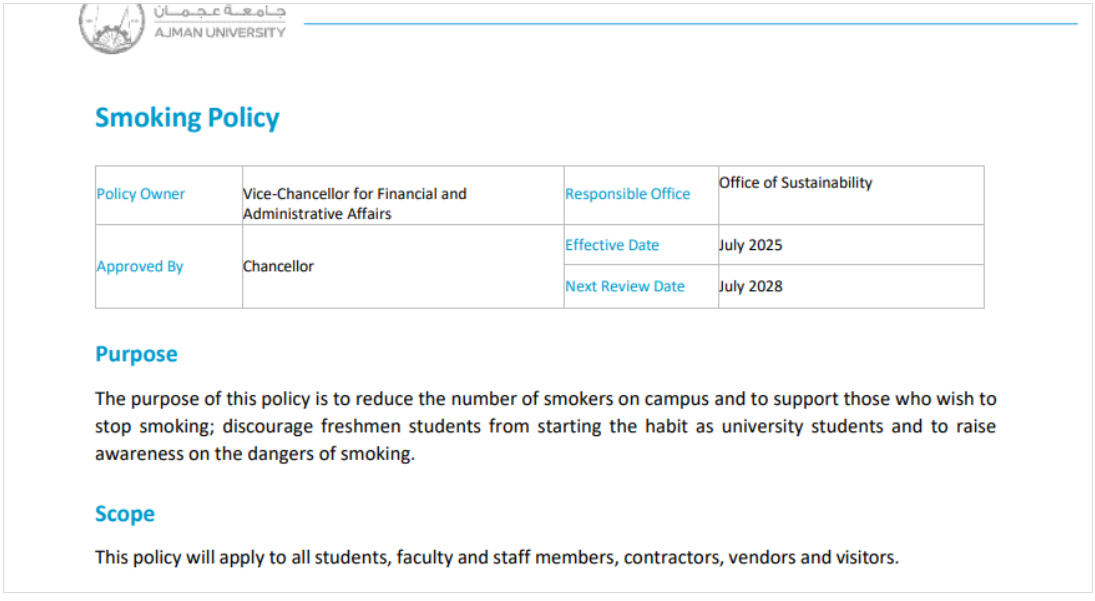


As a partially smoke-free campus, AU has Outdoor Designated Smoking Areas while maintaining all indoor spaces, including university buildings, facilities, and Student Residential Halls, as strictly smoke-free with clear no-smoking signage. Locations of designated smoking areas are detailed in the Policies and Procedures Manual (PPM) and published on AU's website. To reinforce the policy, AU conducts anti-smoking campaigns to promote awareness of smoking-related health risks.

Please refer to the links below:

https://sustainablecampus.ajman.ac.ae/upload/files/ehs/Smoking_Policy.pdf

https://www.ajman.ac.ae/upload/files/ehs/Outdoor_Designated_Smoking_Areas.pdf



جامعة عجمان
AJMAN UNIVERSITY

Smoking Policy

Policy Owner	Vice-Chancellor for Financial and Administrative Affairs	Responsible Office	Office of Sustainability
Approved By	Chancellor	Effective Date	July 2025
		Next Review Date	July 2028

Purpose

The purpose of this policy is to reduce the number of smokers on campus and to support those who wish to stop smoking; discourage freshmen students from starting the habit as university students and to raise awareness on the dangers of smoking.

Scope

This policy will apply to all students, faculty and staff members, contractors, vendors and visitors.

Ajman University Advances Community Health and Tobacco-Free Living Through Smoking Cessation and Driving Action



To support the Smoking Policy, in the year 2025, Ajman University continued its efforts to raise awareness about the dangers of smoking and vaping through a campus wide Anti-smoking Awareness Campaign. The Office of Medical Services at Ajman University continues to strengthen preventive healthcare and public health awareness through ongoing smoking cessation and tobacco control initiatives utilizing Smokerlyzer screening technology as an evidence-based health education and early intervention tool.

The program supports health promotion, chronic disease prevention, and behavioural health awareness by providing non-invasive carbon monoxide screening, personalized health feedback, and smoking risk education for students and staff. Through real-time assessment and interactive counselling, participants gained greater awareness of the harmful effects of tobacco use and the long-term impact of smoking on respiratory health, cardiovascular wellbeing, and overall quality of life.

The initiative created a confidential and supportive environment that encouraged open discussion on smoking-related health risks while reducing stigma associated with seeking cessation support. The visual and measurable results generated by the Smokerlyzer strengthened participant engagement, promoted self-awareness, and encouraged positive behavioural change toward healthier lifestyle choices and tobacco-free living.

Participants also received guidance on smoking cessation strategies, preventive care practices, and access to follow-up counselling and support services aimed at improving long-term health outcomes and reducing noncommunicable disease risks.

Through continuous screening campaigns, health education activities, and community outreach programs, Ajman University reinforces its commitment to preventive healthcare, health literacy, mental and physical wellbeing, and the creation of a healthier and more sustainable campus community through proactive public health initiatives.

Please refer to the link below:

https://www.ajman.ac.ae/en/activity/2025/smokerlyzer-based-smoking-cessation-programs-shifting-mindsets-and-driving-action





