

# SDG #3: GOOD HEALTH AND WELL-BEING

## 3.3.6. Smoking Policy

The purpose of this policy is to reduce smoking on campus, provide support for individuals looking to quit, deter incoming students from adopting smoking as a habit, and raise awareness of smoking hazards.

Ajman University (AU) maintains a partially smoke-free campus, with designated smoking zones in outdoor areas.

In pursuit of continuous improvement, the Health and Safety Committee at AU periodically reviews the Smoking Policy, engages in benchmarking with other educational institutions, and has recently developed a more comprehensive policy. The locations of designated smoking areas are outlined in the Policies and Procedures Manual (PPM), accessible online through AU's website.

To further endorse this policy, the Office of Environmental Health & Safety conducts various anti-smoking campaigns aimed at raising awareness about the health risks associated with smoking.

The Smoking Policy strictly prohibits smoking within university buildings, facilities, and Student Residential Halls.

It can be accessed at:

[https://www.ajman.ac.ae/upload/files/ehs/Smoking\\_Policy\\_April\\_2022.pdf](https://www.ajman.ac.ae/upload/files/ehs/Smoking_Policy_April_2022.pdf)

AU Environmental Health & Safety page with information on designated smoking areas:

<https://www.ajman.ac.ae/en/institutional-documents/au-environmental-health-and-safety>

## Anti-Smoking Campaign

In May 2022, the Office of Environmental Health and Safety, in collaboration with the Office of Community Engagement, organized an anti-smoking campaign. The event's primary objective was to raise awareness, particularly among university students, about the detrimental impact of cigarette smoking on smokers' health, behavior, and social life.

<https://www.ajman.ac.ae/en/news/2022/au-anti-smoking-campaign>



Time	Topic	Speaker
1:00 - 1:15	Quitting Nicotine: Start about short and sustainable success!	Maysa Haddad PHD Consultant
1:15 - 1:30	Introducing the sponsors	Maha Rajab PHD Consultant
1:30 - 1:35	<ul style="list-style-type: none"> <li>Learning on how to quit smoking through exercises</li> <li>Learn about the consequences of smoking</li> <li>Learning about the consequences of smoking</li> <li>Learn about the consequences of smoking</li> </ul>	Maged Al Hameed Deputy Director of Health and Safety Wahid Aljasser
1:35 - 1:40	Introducing the innovative service of Smoking cessation	Dr. Fadia Elgohary PHD Consultant
1:40 - 1:45	Introducing the innovative service of Smoking cessation	Dr. Hudaib El-Sayid College of Medicine
1:45 - 1:50	Introducing the innovative service of Smoking cessation	Dr. Hudaib El-Sayid College of Pharmacy and Health Sciences
1:50 - 2:00	Announcing the anti-smoking campaign poster competition winner and closing remarks	Maysa Haddad Maysa Haddad College of Business